

“The success of any nail enhancement service is shared between the nail technician and the client”

### **The nail technician is 50% responsible**

*In diagnosing the clients nail needs by performing a consultation to determine her/his lifestyle, activity level and nail plate shape, prescribing the proper service and recommending home care and products.*

### **The client is 50% responsible**

*For following the recommended home care procedures, setting timely maintenance appointments, and following any other written or verbal instructions from the technician.*

### **Keep in mind the following points:**

- Extensions longer than the length of the foundation (the nail bed) cause undue downward pressure with normal use of the hands and fingers which may result in a broken or torn natural nail plate.
- Properly applied product will shrink when cured and create an airtight seal. **Mechanical forcing of product through pressure, picking or nipping rough edges will result in lifting.**
- Should any lifting occur between visits, **do not attempt to glue the area of lift.**

*Most instant glues are not moisture resistant. Instant glue also sets-up the moment it is exposed to air. The glue cannot “re-seal” lifted material and may incorporate air-borne bacteria or spores into the area of lift.*

*The bacteria or spores will be trapped between the nail plate and the overlay, utilizing the natural nail contaminates as food and the moisture to grow. The results are a greenish to brownish stain on the nail plate which is a by-product of the infection.*

*Fungus infections (Greenies) are caused by air-borne spores that have become trapped between the overlay and the nail plate layers.*

### **Follow these simple guidelines in order to maintain your Nail Enhancements:**

#### ✓ **Oil nails with an appropriate cosmetic nail and cuticle oil twice per day.**

Product that is allowed to become brittle will crack and break. Applying oil to the nail enhancement will help to maintain flexibility and reduce breakage by lubricating the product molecules.

#### ✓ **Nails that are too long for your lifestyle and activity level (repetitive downward tip pressure) result in service breakdown.** If your nails become too long between appointments, shorten the length with the 240-grit file.

✓ **Treat your nails as jewels, not tools!** Repetitive or severe pressure on the nail extension will lead to cracks that result in full-blown breaks. The use of ‘tools’ to help you perform your daily routines will help to insure against breakage. For instance, use a pop-top opener to open soda cans and use the side of your hand or finger to open car or refrigerator doors.

✓ **Wear gloves** when in contact with water, performing household chores, working in the garden or whenever you use cleaning solutions of any kind. Most household cleaning solutions contain chemicals that will affect the overlay and result in service breakdown. **Some household pest sprays contain a chemical that may actually melt the surface of the overlay and compromise the integrity of the product.**

✓ **When in contact with water try to always work with lukewarm temperatures and wear gloves.** High and low temperatures affect the stability of the products used to create nail enhancements, making them more susceptible to break crack or lift. When natural nails are in contact with water, they will expand in contract as they absorb moisture, causing the enhancements to lift or peel away, **wear protective gloves as much as possible and schedule more regular maintenance appointments if your lifestyle requires you to be in wet environments.**

✓ **Avoid repetitive changes in the temperature of your hands.** During the cold seasons pay special attention and care to your enhancements, wear protective gloves.