

About nail services

What you need to know before and after receiving a service.

Before treatment

What does it do?

Hand and treatments and services are designed to be cosmetic and pampering. They may include one or more of the following among others:

- Hand baths
- Trimming, filing, shaping, painting, or polishing of the nails
- Trimming, pushing back cuticles and cleaning the area
- Around the cuticle
- Exfoliation of the hands with dead-cell-dissolving enzymes or single-use
- Hygienic tools
- A paraffin wax treatment
- Application of moisturizer
- Massage of the hands
- Application of artificial nails
- Repairing broken nails
- Removal of nail enhancements

Our goal with these treatments is to safely improve the quality of your nails/hands. Results will vary from person to person. We cannot guarantee how long the results will last, how much benefit you will experience.

Before your visit

Do not treat your hands to exfoliation or peeling treatments for at least 48 hours before treatment, doing so may leave your hair follicles and skin pores irritated and prone to infection.

About allergies

In all treatments, we should know of any food, environmental, or medication allergies you have.

Let us know when making your appointment and just before your treatment begins.

What problems might I experience?

Should you experience any problems following your treatment, please contact us and seek medical attention as soon as possible.

- Skin condition changes:

Some people experience mild temporary tenderness, dryness, sensitivity, redness, swelling, flaking, or small scabs.

- Herpes or MRSA breakout:

Herpes simplex is a viral disease, and methicillin-resistant *Staphylococcus aureus* (MRSA) is a bacterium responsible for several difficult-to-treat infections in humans. If you have herpes or MRSA, you might experience a breakout after your treatment. It's possible for you to unknowingly be infected with herpes or MRSA. Such infections can result in your skin breaking or cracking under certain conditions (e.g., while attempting to remove a callus using a pumice stone).

- Fungal infections:

These might have gone undetected before your visit and can become more pronounced after treatment.

After treatment

- Keep your hands and nails clean.
- Dry your hands completely before wearing gloves.
- Follow our "Nail Enhancement Care and Maintenance Guide".

You should not get a manicure or pedicure if...

You're allergic to any of the products used in:

Hand or nail treatments

Or,

You have any cuts, wounds, blisters, ulcers

Or

Sores on your hands, arms, legs, or feet

You have a skin infection near a nail

You feel sick

Your immune system is severely compromised due to illness (e.g., cancer, HIV, Poorly-controlled diabetes) or treatments (e.g., Chemotherapy or high-dose steroids).